

# *Type 1 Diabetes*

Our Guide

## OUR GUIDELINES





## Supporting Schools – Type 1 Diabetes

Aramark understand that they have a part to play in delivering accurate food information to staff who are responsible for supporting pupils who have Type 1 Diabetes.

All of our recipes have been nutritionally analysed and we are able to provide the carbohydrate content per 100g to manage children's insulin dosage.

We can provide carbohydrate content per 100g for all of our recipes.

This will ensure that the school staff members who are trained to support those students with Type 1 Diabetes have the information they require.

Our teams have not been trained to support children with Type 1 Diabetes, so will not support with managing the carbohydrate counting.

### References and further information:

<https://www.diabetes.org.uk/guide-to-diabetes/your-child-and-diabetes/schools/school-staff>

<https://www.gov.uk/government/publications/supporting-pupils-at-school-with-medical-conditions-->

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