

Pearson BTEC Level 3 Extended Diploma in Sport (Development, Coaching and Fitness)	
Teacher in charge of subject	This course is delivered by LLS – A trusted partner who specialise in Sports Coaching and Tours.
Type of qualification	BTEC Extended Diploma – equivalent to up to 3 A Levels.
Exam board and subject code	603/0459/5
Entry requirements	
Specific subject requirement	Applicants require five GCSEs at 9-4 grades, plus Maths and English at a minimum of grade 4. Exceptions may apply if a grade 3 at Maths or English is gained. Applicants will also need to be successful at interview with LLS as a limited number of places are available.
Course details	
<p><u>Year 1:</u> Principles of Anatomy & Physiology The Physiology of Fitness Assessing Risk in Sport Fitness Training and Programming Sports Coaching Sports Development Fitness Testing for Sports and Exercise Practical Team Sports Practical Individual Sports</p> <p><u>Year 2:</u> Sports Nutrition Current Issues in Sport Organising Sports Events Instructing Physical Activity and Exercise Psychology for Sports Performance Sports Injuries Analysis of Sports Performance Rules, Regulations and Officiating Sport Work Experience in Sport</p>	
Assessment	
You will be assessed throughout the course in several different ways. These will be written assignments, presentations, production of videos and practical observations	
Career options	
If your aim is to work with children, coach in an elite setting or work at senior level, this course will give you everything you need to kick-start your journey. This practical based course provides you with a variety of weekly work experience and access to professional settings.	