



June 24th, 25th & 26th
2026

SPIRIT WEEK June 24th, 25th and 26th June 2026

This is a chance for you to get involved in activities that you may not normally have the opportunity to do in school. Please read through the information in this booklet and make sure you know what is expected of you during SPIRIT Week 2026.

DRESS CODE

IT IS IMPORTANT THAT PUPILS ARE AWARE OF THE DRESS CODE AND FOLLOW IT CAREFULLY. ANY PUPILS NOT FOLLOWING THE DRESS CODE WILL BE OFFERED AN ALTERNATIVE OR RISK NOT BEING ALLOWED TO PARTICIPATE IN ACTIVITIES.

- **Years 7-9:** Normal school uniform is **NOT** required, although a smart alternative is expected.
- Do not wear impractical fashion clothes as you will not be allowed to take part in the activity (no ripped jeans, chains on jeans, crop tops, vest tops, short skirts/shorts or hot pants).
- Skirts **are** allowed but **must follow the same length rule as the usual school uniform**.
- Ripped jeans that show any skin are **not allowed**.
- Crop tops and vest tops are not allowed, you must keep covered up.
- You **can** wear leggings throughout the week.
- All other uniform rules apply, such as hair colour, nails, make up!
- You must check each trip for individual requirements of what you should wear and bring additional equipment where necessary.
- Sensible footwear is required for all activities.
- **Think** about the weather and be prepared for the weather to change if it is an outdoor activity (layers and waterproof coats, as well as sun cream minimum SPF15).

Please use your common sense and ask if you are unsure.

TIMINGS OF THE DAY

For activities **in school**, the timings for the start and end of the school day are the same, please be in school by 8.40 each day. Please be aware some break and lunch times may vary. You must **check** the timings for each **offsite trip**. Onsite lunch will be at 11.55 – 12.35. and break is at 10.35-10.55.

You will **NOT** be registered in your form rooms by your form tutor; instead you will be registered for each trip or activity at the designated meeting point. Do not be late at the start of the day or after lunch or break.

BEHAVIOUR

For all of these activities we **expect the highest standards of behaviour**. Remember that on school trips you are representing the school. **Poor behaviour on an activity could lead to exclusion from future activities throughout school and during SPIRIT week.**

We expect you to take part fully in SPIRIT week and to show all of the SPIRIT values: Self-regulation, participation, integrity, resilience, inspired and tolerance.

On external trips **only** phones/cameras are allowed for pictures at the staff's discretion, but pupils are **not** allowed under any circumstances to post on social media.

YOU ARE EXPECTED TO HAVE A POSITIVE ATTITUDE, A SENSE OF HUMOUR, ENTHUSIASM AND BE WILLING TO TRY SOMETHING NEW.

Year 7

DISCOVER THE PEAK DISTRICT (each walk approx. 4/5 miles)

Meet coach A PM3 and coach B PM4 by 8.40am for 8.45am departure, return at 3.00pm

Year 7 will have the opportunity to spend the day in the glorious countryside of the Peak District. We will walk and incorporate valleys and dales, a picnic lunch and if we are lucky an ice cream, while developing some map reading skills and walking skills.

- Bring your own lunch – NO 'fizzy' drinks (not as rehydrating as 'still' liquids).
- Bring plenty of water in a non-breakable container. Remember you will have to carry what you bring so choose wisely!
- High energy low bulk/weight foodstuffs are best.

Clothing:

- Long or short sleeved 'T' shirt, thin fleece/lightweight sweatshirt
- Trousers or shorts – NO jeans/combat trousers/or heavy cotton chinos
- Preferably **walking boots or trainers**, which have an 'active' sole and protective heel support – **NO 'fashion flats', converse or sandals.**
- Lightweight waterproofs (jacket & trousers) Hat/sun cream/sun glasses
- Rucksack with wide straps that will not cut into your shoulders

Olympics

Meet tennis courts at 8.40am or 12.35pm

A half day filled with various Olympic activities and multi-sport competitions focusing on a range of different team and individual activities. You will get involved in demonstrating the 7 Olympic and Paralympic Values. Wear your PE kit or suitable sporting attire and be aware of the weather. If it is sunny make sure you have sun-cream with you as well as plenty of non-fizzy drinks to keep you hydrated and ready to go on this action-packed day. If it is cold, make sure you are wearing tracksuit bottoms and a jumper; waterproofs may be required for wet weather. Provide your own lunch or use the school canteen.

Art- Textile square

Meet at D7 at 8:40am or 12:35pm

Create an art textile square based on the theme of nature. You will have the chance to experiment with fabric paints, decorative foils and embroidery. Your squares will be sewn together to create a school community wall hanging. Please wear old clothes as the fabric paint will stain clothes.

Provide your own lunch or use the school canteen.

History Mysteries

Meet at LP1 at 8:40

Step into the role of a History Detective for the day!

Join the History department to investigate some of the greatest mysteries from the past, from the Medieval period all the way to World War II.

Get ready for a day packed with mystery solving, teamwork challenges, hands-on activities and creative crafts as you put your history skills to the test. Provide your own lunch or use the school canteen.

Rock School

Meet JB1/2 8.40am

Want to be in a band... learn some new musical skills...jam away with friends recording your own track... rock school is for you! Provide your own lunch or use the school canteen. Wear sensible, comfortable clothes.

Dance

Meet at the Gym at 8:40am or 12:35pm

Learn...choreograph...perform... develop your dance skills in this work shop...perform to show your creation. You will need suitable clothing such as sportswear, trainers etc. Please bring a snack and plenty of water as you will be working hard! Provide your own lunch or use the school canteen.

Italian Workshop

Meet at PT3/PT4 8.40am or 12:35pm

Every wanted to learn a little Italian? Si?

Then maybe this fun half-day session is for you! You will learn how to count in Italian, discover delicious Italian ice-cream flavours, and even practise ordering your own ice cream like you're in Italy. It's a tasty and exciting way to start learning a new language!

Provide your own lunch or use the school canteen. Wear sensible, comfortable clothes.

Mathematical Card Tricks

Meet at PT5 8.40am or 12:35pm

Come and explore some great mathematical card tricks that you can perform to entertain your friends and family

Provide your own lunch or use the school canteen. Wear sensible, comfortable clothes.

Black Country Museum

Meet in best bite at 8.40 for 9am departure, return for 3pm

Experience the Black Country of yesteryear as you explore over 250 years of history, from the Industrial Revolution to post-war prosperity, through living interpretation at Black Country Living Museum in Dudley in the West Midlands. Wear sensible, comfortable clothes. Bring a pack lunch, snacks and plenty of water. You will eat lunch in a booked lunchroom.

Mock UN

Meet in LP2 at 8:40

Model UN is a debate day where you will investigate a theme from the point of view of a different country. You work together as a team to discuss how we can tackle the issue from a global point of view. This is for people that are interested in world events and want to have their say! You will need to be open minded and be prepared to work collaboratively Provide your own lunch or use the school canteen.

Decorated Focaccia Bread

Meet in D5 at 8.40am or 12:35pm

Join us in the food department for a fun filled session creating a variety of savoury treats. You will make a focaccia bread decorated with intricate patterns and designs. You will have the opportunity to decorate presentation boxes to take your goodies home in. This is an in school activity so please bring a packed lunch or use the school canteen.

Nature Photography

Meet D10 at 8.40am

In the morning, students will take a series of photographs whilst visiting the Salt Line. They will be taught a range of photographic techniques, including shallow depth of field to enable them to capture interesting shapes and textures. In the afternoon, students will process their work in the photography studio and manipulate their images using photoshop techniques inspired by artists including, Danielle Zalman. Provide your own lunch or use the school canteen. Wear sensible, comfortable clothes and bring plenty of water.

Duke of Edinburgh Taster and walk

Meet EB8 at 8.40am

The Duke of Edinburgh Award taster session will be a range of fun activities, that gives you an insight into the award. You will have the opportunity to participate in the award in Year 9. Throughout the taster session, we will explore a variety of activities such as cooking on stoves, team-building games, bush craft and orienteering/ map skills. You will then spend the afternoon enjoying a walk along the Salt Line. Provide your own lunch or use the school canteen. Wear sensible, comfortable clothes and bring plenty of water.

Clothing:

- Long or short sleeved 'T' shirt, thin fleece/lightweight sweatshirt
 - Trousers or shorts – NO jeans/combat trousers/or heavy cotton chinos
 - Preferably **walking boots or trainers**, which have an 'active' sole and protective heel support – **NO 'fashion flats', converse or sandals.**
 - Lightweight waterproofs (jacket & trousers) Hat/sun cream/sun glasses
 - Rucksack with wide straps that will not cut into your shoulders
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Rocket Cars

Meet in PE3 at 8:40am or 12:35pm

Design and create a Rocket. You will have the chance to experiment with design and test out your theories using our compression launcher. You will fire your final design Rocket as part of a School competition, the Rocket that travels the furthest distance will win! Provide your own lunch or use the school canteen.

Forest school

Meet EB9 at 8.40am or 12.35pm

Spend half a day learning key team building and survival skills in the outdoors. Provide your own lunch or use the school canteen. Wear sensible, comfortable clothes and bring plenty of water. Bring a pack lunch, snacks and plenty of water.

Chester Zoo

Meet in LP 3/4 by 8.40 for 8.45am departure, return for 3pm

Explore the animal exhibits at Chester Zoo. You will go round in groups with a teacher and be encouraged to take photos of the animals. Please bring a packed lunch, snacks and plenty of water.

Social media influencer day

Meet in D1 at 8:40am

Step into the world of social media and learn what it takes to become an influencer! At this exciting SPIRIT activity, students will get hands-on experience creating their own videos, posts, and product shots while exploring how social media influencing really works. Whether you're into fashion, tech, or lifestyle content, this is your chance to unleash your creativity, build your personal brand, and see what goes on behind the scenes of a successful social media campaign! Provide your own lunch or use the school canteen.

Esports

Meet PT1/2 8.40am or 12.35pm

In this activity you will get the chance to play some small team esports titles using the computers in school. You will create your esports team name, logo and marketing campaign. Provide your own lunch or use the school canteen. Wear sensible, comfortable clothes.

Football coaching

Meet on the mound at 8.40am or 12:35pm

An opportunity to be involved in a series of football training sessions with an emphasis on developing fitness, technical skills and tactical awareness. Wear your PE kit or suitable sporting attire and be aware of the weather. If it is sunny make sure you have sun-cream with you as well as plenty of non-fizzy drinks to keep you hydrated and ready to go on this action-packed day. If it is cold, make sure you are wearing tracksuit bottoms and a jumper; waterproofs may be required for wet weather. Provide your own lunch or use the school canteen.

Forensic day

Meet in EB6/EB7 at 8:40am or 12:35pm

Gain an exciting insight into crime scene investigation and start to understand the psychology and motives behind crime. Provide your own lunch or use the school canteen.

Mystery Puzzles

Meet at PT6/PT7/PT8 at 8:40am or 12:35pm

Can you work together as a team to solve a range of puzzles and find clues to solve the mysteries? Put your teamwork and logic to the test. Provide your own lunch or use the school canteen.

Mindfulness

Meet at PM4/PM2 at 8:40am or 12:35pm

Take a break from the stress of school during SPIRIT week and join us for a relaxing mindfulness event designed just for you! Discover simple, effective ways to unwind through calming yoga and breathing exercises, get creative making your own mood boards, and learn how to craft natural beauty products that are kind to your skin. It's the perfect chance to slow down, recharge, and have fun while learning techniques to boost your mental wellbeing. Provide your own lunch or use the school canteen.

WALL-E

Meet in EB2 at 8:40am

In this activity, we'll explore the themes of the film *Wall-E* and think about the future of our planet. Inspired by the movie, you'll take on the role of an environmental advocate and design your own campaign to help protect the world around us. Provide your own lunch or use the school canteen.

If for some reason you are unable to attend school at any time you **MUST** ring in to confirm your reason for absence otherwise it will be recorded as unauthorised/truanting. Attendance is mandatory!

YEAR 7 - MEETING PLACES AND TIMES

ACTIVITY	MEETING POINT	TIMINGS
Walking	A- PM3 B- PM4	8.40-3.00
History Mysteries	LP1	8.40- 3:10
Art textile square	D7	8.40-11.55 or 12.35-3.10
Olympics	Tennis courts	8.40-11.55 or 12.35-3.10
Rock School	JB1	8.40-3.10
Dance	Gym	8.40-11:55 or 12:35-3:10
Mathematical Card Tricks	PT5	8.40-11:55 or 12:35-3:10
Italian Workshop	PT3	8.40-11.55 or 12.35-3.10

YEAR 8 - MEETING PLACES AND TIMES

ACTIVITY	MEETING POINT	TIMINGS
Black Country Museum	Best Bite	8.40 – 3.00
Mock UN	LP2	8.40 – 3.10
D of E taster and walk	EB8	8.40 - 3.10
Photography	D10	8.40 – 3:10

Focaccia Bread Making	D5	8:40-11:55 or 12:35-3:10
Rocket cars	PE3	8:40-11:55 or 12:35-3:10
Forest school	EB9	8:40-11:55 or 12:35-3:10

YEAR 9 - MEETING PLACES AND TIMES

ACTIVITY	MEETING POINT	TIMINGS
Chester Zoo	LP3 Coach A/LP4 Coach B	8.40 – 3.00
Social media influencer day	D1	8.40 -3.10
WALL-E	EB2	8.40 -3.10
Mystery Puzzles	PT6/PT7/PT8	8.40-11.55 or 12.35-3.10
Esports	PT1/2	8.40-11.55 or 12.35-3.10
Forensic day	EB6/EB7	8.40-11.55 or 12.35-3.10
Football coaching	The mound	8.40-11.55 or 12.30-3.10
Mindfulness	PM1/PM2	8.40-11.55 or 12.30-3.10

Please remember to say thank you to the staff running your SPIRIT week activity.
There are lots of people working really hard to make sure you are able to enjoy
SPIRIT week. Make sure it's an enjoyable experience for everyone.