

Expedition: Gold Practice

For: Alsager

Date: Thursday 26th March – Sunday 29th March 2026

Dear Parent/Carer,

As part of your child's Gold Duke of Edinburgh Award, your child must participate in two expeditions in the countryside for 4 days and 3 nights. We have booked your child's practice Gold expedition with East Exped Ltd, our external provider. An itinerary for each day is listed below.

Unfortunately, the School is unable to provide your child with transport to the start point. It will be your responsibility to drop your child off at the Day 1 meeting point and pick them up on the Day 4 collection point.

To help aid your child in completing their expedition, please find a kit list at the end of this letter. The equipment stated is recommended only. Please be aware there are optional items on the list. East Exped Ltd will provide the following equipment: Tents, Stoves, Sleeping Mats, Rucksacks, Compasses and Maps. Your child can use their own of the above equipment; however, this must be able to fit into their rucksack.

Please find below a detailed itinerary of the three days of the expedition:

Please confirm by email to b.brittain@alsagerschool.org that your child can attend this compulsory 4-day expedition.

Please find below a detailed itinerary of the two days of the expedition with timings and where and when we will be each day.

Thursday 26th March – Day 1 – Start Point (10:00am)

Teggs Nose Country Park, Macclesfield, SK11 0AP

Google maps - <https://maps.app.goo.gl/UWupMdUsEsXV4YA69>

Please ensure that your child has been signed in by a member of staff before leaving your child at the drop off point. The groups will then walk from here to the campsite.

Thursday 26th March – Campsite Night 1

Lyme View Marina, Wood Lane East, Adlington, Cheshire, SK10 4PH

Google maps - <https://maps.app.goo.gl/cox5t73e4bTyKXEz8>

Here we will support students to assemble their tents and cook their dinner. They will have some free time until they need to be in their tents by 22:00 and quiet by 22:30.



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Friday 27th & Saturday 28th March – Campsite Night 2 & 3

7 Springs Activity Centre, Corks Ln, Disley, Stockport, SK12 2AZ (Sat nav – sk12 2BU, then turn left onto Corks Ln when passed the nursery).

Here we will support students to assemble their tents and cook their dinner. They will have some free time until they need to be in their tents by 22:00 and quiet by 22:30.

Sunday 29th March – Day 4 – Finish Point

Adlington Rd Car Park, Bollington, Macclesfield, SK10 5JT

Google Maps - <https://maps.app.goo.gl/djfx6hgEYrJFHj3W9>

Pupils will walk to the finish from the campsite. Our intended finish time is 15:00pm. This time is dependent on speed of the group and weather conditions. Pupils will be told to phone home when they are 1 hour from the finish, it is recommended that you do not leave to pick your child up until they have phoned to limit waiting time.

Throughout the practice expedition, East Exped Ltd will provide all the technical training, such as first aid, 20 conditions of DofE, cooking and navigational skills – this will ensure that they are prepared for their assessed expedition. Ahead of their expedition, I have attached “The New DofE Expedition Booklet” for more details on packing your child’s rucksack and food etc.

Please make sure that you are available over the weekend, in case of emergency. If you need to contact myself, please ring on the school mobile: 07726459203

If you have any questions regarding the expedition, please get in touch.

Kind regards,

Miss B Brittain

DofE Coordinator

b.brittain@alsagerschool.org

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The Cornovii Trust

CEO: Mr R Middlebrook

The Cornovii Trust is a charity and a company limited by guarantee,
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You will need to bring the following:

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Item	Packed	Item	Packed
• 1 pair of walking boots (broken in)		• Nightwear	
• 4/ 5 pairs of walking socks		• Flip-flops/trainers/sandals etc. (optional for campsite use)	
• 3 - 4 t-shirts		• Warm hat &/or sunhat (as appropriate)	
• Thermal t-shirt (optional)		• 1 pair gloves	
• 3 fleece tops or similar		• Waterproof over-trousers	
• 2 walking trousers (warm, NOT jeans)		• Jacket/coat (waterproof & windproof)	
• Underwear		• 1 pair gaiters (optional)	
• Sleeping bag appropriate for the time of year		• Sleeping mat (this is not a sleeping bag)	
• Waterproof compression stuff sack (5/10/15 litre)		• Whistle	
• Head torch and spare batteries		• Personal first aid kit	
• Expedition food (including emergency rations)		• Water bottle 2 litres minimum	
• Knife, fork, spoon or Spork		• Plate/bowl	
• Mug		• Box of matches (in waterproof container)	
• Wash kit/personal hygiene item		• Small quantity of money (optional)	
• Notebook and pen/pencil		• Watch	

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• Sunblock (if appropriate)		• Insect repellent	
• Sunglasses		• Any personal medication	
When packing your rucksack make sure you pack it yourself, so you know where everything is. Remember in your group you will have to share a tent and stoves, so leave room in your bags to put these in. Don't over pack, leave the kitchen sink at home and you'll have a far better expedition!			