

Tuesday 25<sup>th</sup> February 2025



## This evening our aim is to...

To support you in supporting your young person in researching, making decisions about and successfully applying for their post-18 destination.



## Post 18 Pathways

- University
- Apprenticeship
- Employment
- Gap Year
- Work experience



- 395 providers offering 50,000 courses!
- Anything from Accounting to Zoology
- •Full-time, part-time distance learning



#### Level 5

- HND (Higher National Diploma)
- Foundation Degree

#### Level 6

Bachelors Degree

#### Level 7

Doctorate/PhD Degree





## **Apprenticeships**

- •An apprenticeship involves being employed to do a real job (80%) whilst studying for a formal qualification (20%).
- There are different levels of apprenticeship, dependent upon your current/predicted qualifications.



## **Apprenticeships**

Туре	Details
Intermediate (Level 2)	Equivalent to five good GCSE passes, typically last between 12-18 months.
Advanced (Level 3)	Equivalent to two A-levels, usually studied over 2 years.
Higher (Level 4/5)	Equivalent to the first stages of higher education, such as a foundation degree. Usually 1 year and can progress onto Degree Apprenticeship.
Degree (Level 6/7)	Comparable to a Bachelors or Masters degree. Usually 3 years, dependent upon the degree.



## **Employment**

- Be aware of the employment market and which sectors are expanding and will need employers.
- Students are supported with researching positions to apply for, CV writing, completing applications forms, writing covering/supporting letters and interviews/applicant days.
- Most common method of looking for employment is via the internet:
  - gov.uk/find-a-job
  - cheshireeast.gov.uk/jobs\_and\_careers/
  - totaljobs.com
  - <u>uk.indeed.com</u>
  - Reed.co.uk
  - fish4.co.uk/
  - jobs.theguardian.com





- Opportunity to gain skills and experiences providing time to reflect on the what to do next.
- If productive is valuable on a CV providing evidence of time management, setting goals and going outside of their comfort zone.
- Volunteering 'gives something back'
- Organisations:
  - yearoutgroup.org/
  - realgap.co.uk/
  - bunac.org/
  - volunteerics.org/

	Year 12 Careers Programme 2023/24					
Sept	Introduction to VESPA (Vision, Effort, Systems, Practice & Attitude)  Charles to be give to example we neetle were.					
	· Students begin to explore pathways.					
Oct	· Introduction to Unifrog (careers platform) and setting of initial Plan A & Plan B.					
	· Student aspiration questionnaire completed to allow for planning of future activities.					
Nov	<ul> <li>Medicine talk from Keele University (Medics, Dentists &amp; Vets)</li> </ul>					
Dec	<ul> <li>Unifrog – exploring pathways</li> </ul>					
	· Post 18 Pathways & Work Experience					
Jan	· Why Uni talk by Liverpool University					
	· Barclays Degree Apprenticeship talk					
Feb	<ul> <li>Unifrog Preparation for HE Convention trip with tutors</li> </ul>					
	<ul> <li>HE/Apprenticeship Convention (UCAS Discovery) at Manchester Central (GMEX)</li> </ul>					
March	Review and Next Steps from HE/Apprenticeship Convention					
	· Staffordshire University talk - intro to staffs					
	BT/EE Apprenticeships talk					
May	· UCAS Launch & Register					
	Otaffa IIIai mamanalatatan manta talla					
	Staffs Uni - personal statements talk					
June	Personal statement/cover letter support					
	· Work Experience Week					
July	· Personal statement/cover letter support					

	Year 13 Careers Programme				
Sept	<ul> <li>UCAS/Unifrog Careers research</li> <li>Targeted Employment Readiness Programme 1 (Intro to apprenticeships)</li> </ul>				
Oct	<ul> <li>UCAS/Unifrog Careers research</li> <li>UCAS/Targeted Employment Readiness Programme 2 (How to write a CV)</li> <li>UCAS/Targeted Employment Readiness Programme 3 (employers assessing and feeding back on CV's – 1:1 meeting)</li> </ul>				
Nov	<ul> <li>UCAS/Unifrog Careers research</li> <li>UCAS/Targeted Employment Readiness Programme 4 (interview prep)</li> <li>Bangor University - Preparing for University Interview - OxBridge Students only</li> </ul>				
Dec	· UCAS/Unifrog Careers research				
Jan	<ul> <li>UCAS/Unifrog Careers research</li> <li>Apprenticeship Workshops</li> </ul>				
Feb	· Apprenticeship Workshops & 1 to 1 guidance sessions				
March	· Apprenticeship Workshops & 1 to 1 guidance sessions				
May	· Apprenticeship Workshops & 1 to 1 guidance sessions				
June	· Apprenticeship Workshops & 1 to 1 guidance sessions				
July	· Apprenticeship Workshops & 1 to 1 guidance sessions				



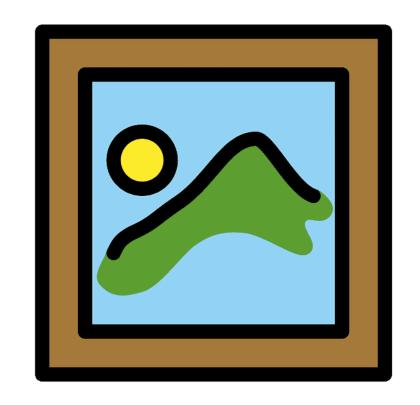


- University applications typically consist of up to 5 choices, specifically referencing:
  - Course (inc. form the course will take
    - undergraduate)
  - University
  - Campus





- Information provided to UCAS when applying:
  - Personal information
  - Grades for qualifications you currently hold e.g. GCSEs
  - A 'Personal Statement'





- As a Sixth Form <u>we</u> provide:
  - An expected grade for each of your subjects.
  - A positive and accurate reference (written by student's tutor).





## Year 12 Progression Exams

- Tuesday 22<sup>nd</sup> to Tuesday 29<sup>th</sup> April.
- Exams set in full invigilated exam conditions.
- Papers marked in line with exam board expectations and grade boundaries.
- Grades awarded factoring in coursework/NEA grades, where completed.
- These grades are used as the starting point for the grade provided to UCAS for student references.
- Students should be dedicating a significant amount of time to prepare for the exams, using 'difficult' revision techniques:
  - Easy reading through notes/textbooks, making posters or mindmaps, etc.
  - Difficult self-testing/quizzing, replicating mindmaps, exam questions and self-marking.



## How can you help encourage independent learning at home?

- 1. Prompt your child to write a checklist before they start, so they can think about what they want to get done.
- 2. Talk to them about what they'll do if they don't understand something: will they ask you, research it more online, refer to a textbook, or take a break and come back to it later?
- 3. Encourage them to work for 20 minutes and then reflect.
- 4. Support a healthy learning environment: no distractions, regular breaks and snacks.
- 5. Teach them time management techniques like the **pomodoro technique** (25 minutes working followed by a five-minute break).



Created by A.Whitworth

High

Moderate

#### **Effective Learning Techniques**

Dunlosky et al.

#### **Rating Ten Learning Techniques**



#### **Practice Testing**

#### Distributed Practice

Self-testing or taking practice tests over to-be-learned material.

Implementing a schedule of practice that spreads out study activities over time.



#### Interleaving



#### Elaborative Interrogation



#### Self-Explanation

Implement a practice or study schedule that mixes different kinds of problems and material within a single study session.

Generating an explanation for why an explicitly stated fact or concept is true. Explaining how new information is related to known information or explaining steps taken during problem-solving.

#### Highlighting

#### Summarisation Keyword Mnemonic

#### Imagery

#### Self-Ex

Marking potentially important portions of to-be-learned materials while reading Writing summaries (of various lengths) of to-be-learned texts

Using keywords and mental imagery to associate verbal materials Attempting to form mental images of text materials while reading or listening Restudying text material again after an initial reading

Rereading

#### **Practice Testing (Retrieval)**

- Taking a test requires actively retrieving the information from memory, strengthening the memory trace and making it more durable.
- Taking a test provides immediate feedback on what has been learned and what still needs to be learned, allowing learners to focus their study efforts.

#### **Distributed Practice**

- Spacing helps keep the material in memory and less prone to decay. It
  also helps to make the material more easily accessible and retrievable
  in the long term.
- Spacing out study sessions over time allows more opportunities for the material to be retrieved from memory, strengthening the memory trace and the available cues.

#### Interleaving

- Interleaving promotes deeper processing: When learners are exposed to a variety of related material in a single study session, they are forced to think more deeply about the material and how it relates to other concepts.
- Interleaving can also help to organise knowledge in long-term memory by promoting the formation of connections between different pieces of information.

#### **Elaborative Interrogation**

- Elaborative Interrogation encourages students to generate explanations and connections between new information and their prior knowledge.
- Elaborative interrogation encourages students to actively process the information they are studying rather than passively reading or listening.

#### **Self-Explanation**

- Self-explanation can also help activate prior knowledge and integrate existing knowledge with new knowledge.
- When learners generate their own explanations for the material they are studying, they are forced to think more deeply about the material and how it relates to other concepts.

Improving Students' Learning with Effective Learning Techniques: Promising Directions From Cognitive and Educational Psychology - Dunlosky et al.



- The UCAS deadlines for submitting these are:
  - October 15<sup>th</sup> 2025: medicine, veterinary and Oxbridge (Oxford and Cambridge)
  - January 25<sup>th</sup> 2026: all other applications
  - Our **Alsager deadline** will be Friday 28<sup>th</sup> November.



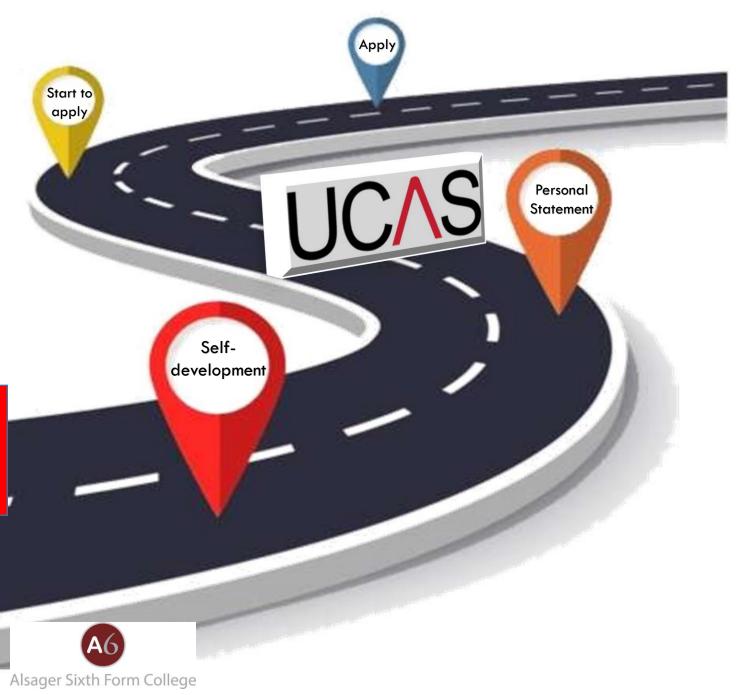


What you are interested in studying and which of the universities that offer the course is the right one for you? (now).

Tools: Unifrog (libraries), online tables e.g. What Uni?, Open days (in person or online events) UCAS Discovery, UCAS Hub.

Research







#### Research tools UCAS Hub



- Learning from others <u>chat to</u> uni students <u>student videos</u> and blogs.
- <u>Career options</u> use the <u>job profiles</u> to explore different career roles and pathways.
- Take the <u>Buzz quiz</u> to find out more about individual strengths, and what roles may suit you.
- The <u>Career Finder tool</u> is ideal for considering options after education, including searching for <u>apprenticeships</u>.

Security marking: **PUBLIC** 25 February 2025 | 21





## The personal statement



The section they have full control over



Your only chance to market themselves individually



The same for all choices



A maximum of 4,000 characters, or 47 lines



A minimum of 1,000 characters



There isn't a spelling or grammar check



No formatting is allowed

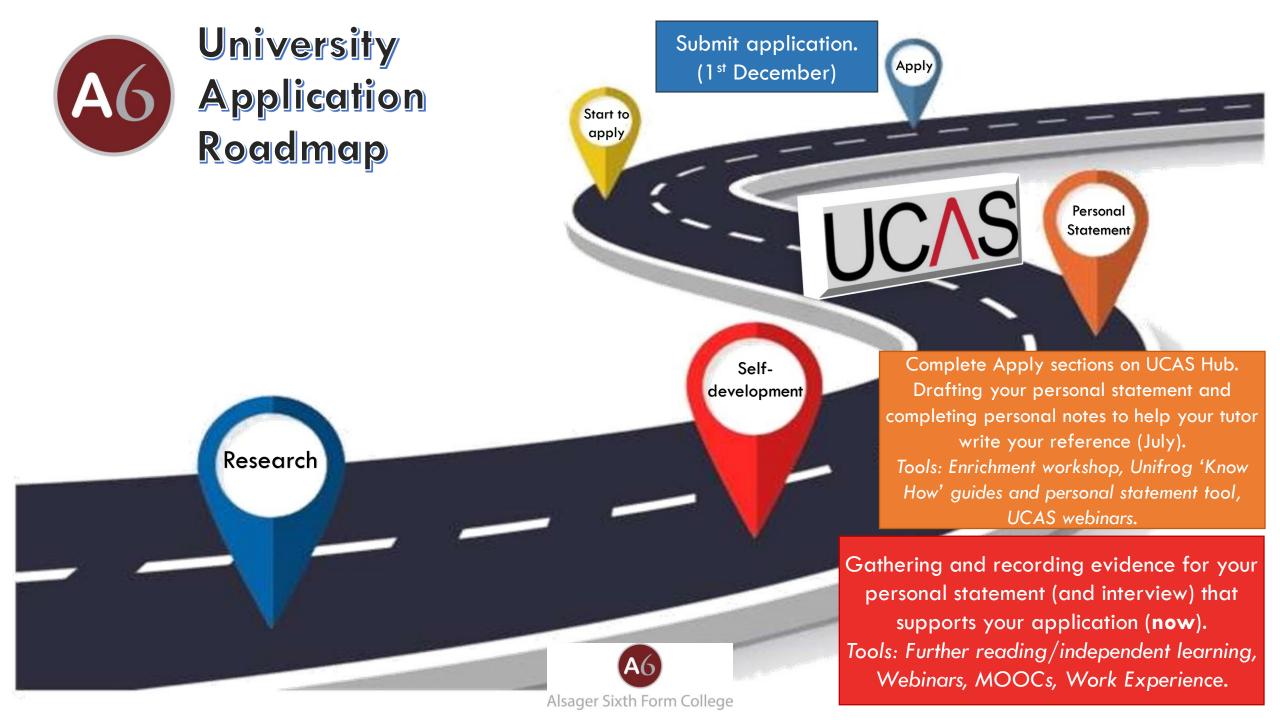
#### Three questions:

- 1. Why do you want to study this course or subject?
- 2. How have your qualifications and studies helped you to prepare for this course?
- 3. What else have you done to prepare outside of education, and why are these experiences helpful?

UCAS' similarity detection service:

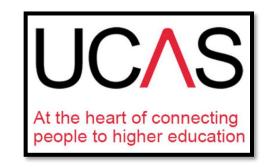
every personal statement is run through software to check for plagiarism.

Security marking: PUBLIC 25 February 2025





## **Student Finance**



#### • Guidance:

- UCAS: <a href="https://www.gov.uk/support-child-or-partners-student-finance-application">https://www.gov.uk/support-child-or-partners-student-finance-application</a>
- <u>Savethestudent.org</u> (look at **Plan 5** student loans)
- Martin Lewis: Student Loans Decoded (<u>Link</u>)
- What is the cost of going to university?
  - Based on earnings
  - Threshold = £25,000 per year
  - Repayment is 9% of what they earn over the threshold
  - Interest is accrued based on the RPI retail price index
  - Any outstanding debt after 40 years is written off



## **Student Finance**



- Tuition Fees Loan:
  - Typical tuitions fees = £9,250 per year
  - Fees are not paid up front. Students can apply for a tuition fee to cover all or part of fees
- Maintenance Loan:
  - Help towards living expenses, such as accommodation, food and course materials
  - Amount is dependent on student circumstances (location and household income)
  - E.g. student studying outside of London whose household earns less than £25,000 per year or less = £8,700
    - <a href="https://www.gov.uk/student-finance-calculator">https://www.gov.uk/student-finance-calculator</a>

## Maintenance Loans in England For courses starting in September 2023 (Plan 5)\*

Household Income	Living at home	Away from home (outside London)	Away from home (London)
£25,000 or less	£8,400	£9,978	£13,022
£30,000	£7,694	£9,265	£12,297
£35,000	£6,988	£8,552	£11,571
£40,000	£6,282	£7,839	£10,845
£45,000	£5,576	£7,125	£10,100
£50,000	£4,869	£6,412	£9,374
£55,000	£4,163	£5,699	£8,648
£58,291	£3,698	£5,228	£8,169
£60,000	£3,698	£4,986	£7,923
£62,343	£3,698	£4,651	£7,582
£65,000	£3,698	£4,651	£7,197
£69,903+	£3,698	£4,651	£6,485



## **Student Finance**



- A sensible step would be to look at the full loan and compare what the amount is that students will receive.
- An important conversation is where the gap will come from.
- The system implies that the state expects parents to contribute.
- This might not be possible and other methods should be considered:
  - Part-time work
  - Scholarships
  - Grants

## After you apply



Track, a student can hold up to two offers:

- firm if they meet the conditions of the offer they will be placed here
- **insurance** —if they are not placed with their firm choice, they may be placed with their insurance choice.
- May/June latest

Security marking: **PUBLIC** 25 February 2025



## After you apply

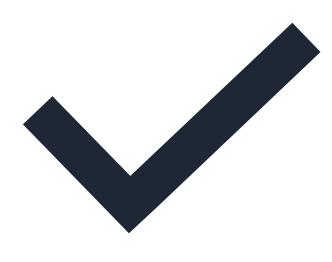
#### Other considerations:

- Accommodation
- Student finance applications (window usually opens around April)
- Results day decisions from universities and support here if you need it.





## Other options



#### **Extra** (25 Feb – 4 Jul)

- Used all five choices and had no offers.
- Add Extra choices for consideration one at a time in Track.

#### Clearing (5 Jul – 19 Oct)

- Apply after 30 June, receive no offers, decline all offers, not met conditions.
- Find vacancies from July, and add one choice in Track.
- Adjustment (up to five days in Aug)
- Placed with firm choice, and did better than expected.
- Register in Track, then find another university or college. The new university or college adjusts the record.

Security marking: **PUBLIC** 25 February 2025

## **UCAS Discovery Exhibition**

- Manchester Central Convention Complex
- Tuesday 4<sup>th</sup> March
- Representatives from around 300 universities, employers, colleges and related organisations
- The event plays a vital part in helping students decide what and where to study within higher education.
- There will also be support for students interested in sponsored degrees, apprenticeships, the Armed Services and volunteering.



## **UCAS Discovery Exhibition**

- Parent/Carer/Guardian consent is required –
  please help us with completing this on
  ParentPay.
- Coaches will leave after break and return in time for the school buses.
- Students do not need to follow dress code but are asked to dress sensibly.
- Food and drink available at the venue but students can bring their own lunch/snacks/drinks.





## Work Experience 23<sup>rd</sup> to 27<sup>th</sup> June

- Highly valuable, enhancing employability skills and supporting the process of future applications.
- Work experience runs independently of the sixth form and students are required to find their own placement for this week.
- Tutors have been supporting students to:
  - Identify local businesses
  - Review their own contacts (friends/family)
  - Write an email to enquire/request a placement

## unifrog

# Introduction to Unifrog



## What is Unifrog?

 Unifrog believe that destinations - where students end up after school - is even more important than their academic performance. They partner with schools to support students to progress into the best opportunity for them.

• Unifrog do this by providing a one-stop-shop where students can explore their interests, then find and successfully apply for their best next-step after school.

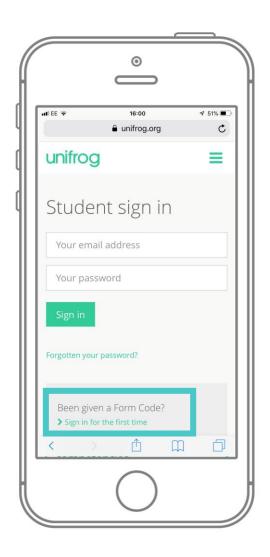


## The Unifrog tools

Access all tools on Unifrog to learn what options are available, access good quality information, and search for opportunities to support your child.

Quizzes	Exploring pathways	Recording what you've done	Searching for opportunities	Drafting application materials	Making applications
Interests profile	Careers library	Activities	UK universities	UK Personal Statement	Post 18 Intentions
Personality profile	Subjects library	Skills	US universities	Classes	Locker
Work environments	Know-how library	Interactions	European universities	Subject References	Applications list
profile	MOOC		Oxbridge	CV / Resumé	
Skills profile	Webinars		Canadian universities	Writing tool	
	Read, Watch, Listen		Asian universities	Common App Essay	
			Australasian universities	US recommenders	
			MidEast and Africa unis	Notes for Reference	
			Irish universities	writers	
			Special Opportunities		unifrog
			Events		u iiiog

### Parents & guardians, get signed up!





Scan this QR code or go to

www.unifrog.org/student and click 'Sign in
for the first time'

You'll be asked for some details and a Sign up Code. This is what you need:

#### **ALRSParents**

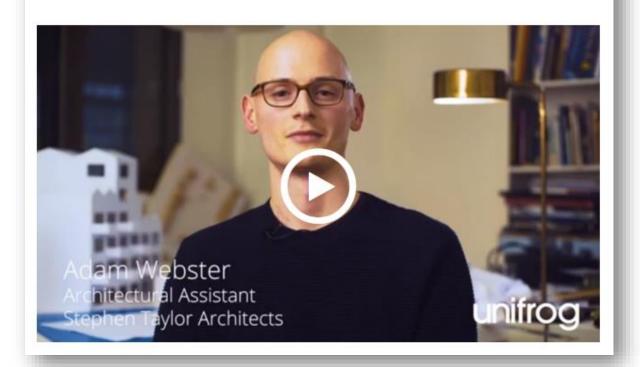
After signing up, log into Unifrog using your email address and password via the student sign-in page!

## **Careers library**

- Over 1000 career profiles
- Presents information from a range of sources, including local and national LMI
- Includes qualifications and skills needed, interviews with industry professionals and labour market information
- Explores progression opportunities and what a working week really looks like

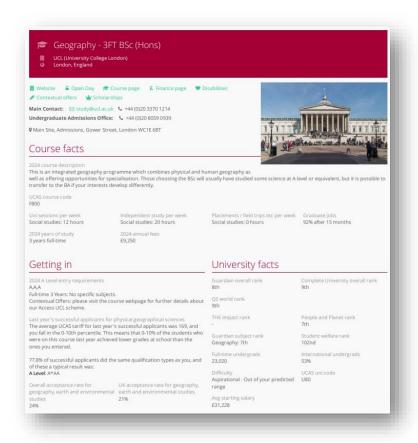
#### Architect

Architects design new buildings and the spaces around them, and work on the restoration and conservation of existing buildings.





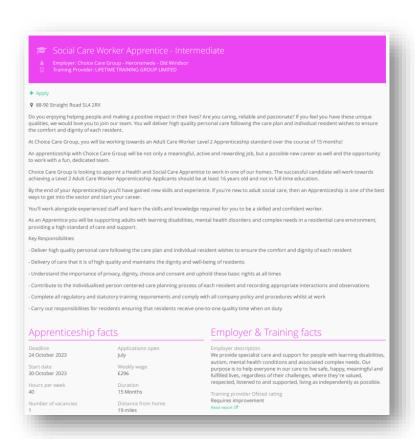
#### **UK Universities**



- Students can enter subject of interest and projected grades to see all relevant university courses available in the UK
- Rank and filter opportunities by factors like hours of lectures, price of accommodation and graduate job rates
- Get direct links to university information pages, with impartial information on courses and institutions
- Save unlimited shortlists to refer back to later



### **Apprenticeships**

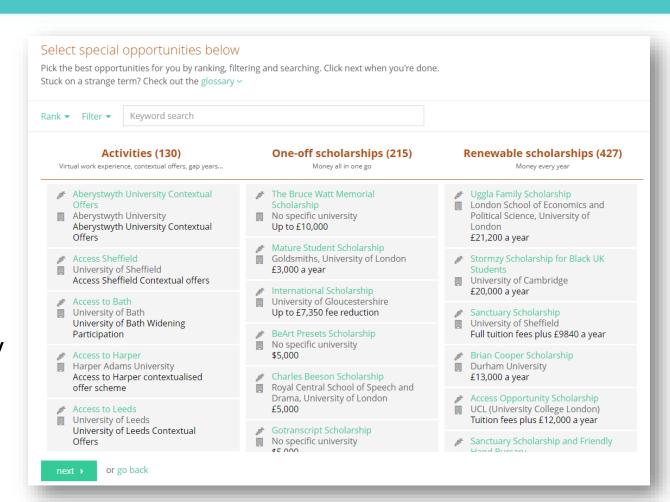


- Students can find live apprenticeship vacancies
- Vacancies are updated daily
- Rank and filter opportunities by factors like distance from home, weekly wage and application deadlines
- Direct link to the 'apply' page
- Each apprenticeship vacancy includes practical information about the opportunity, employer and training
- Save unlimited shortlists to refer back to later



### **Special Opportunities**

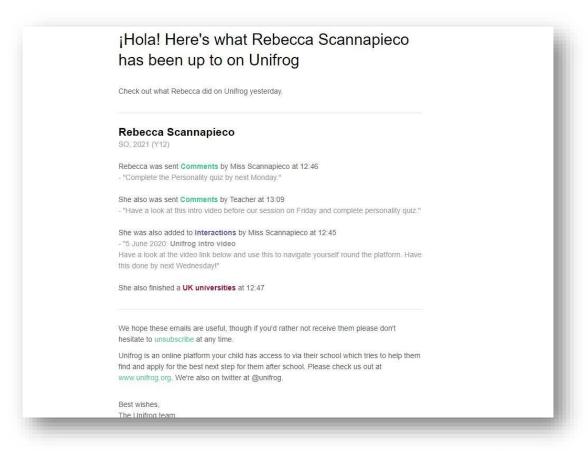
- Includes £5 million-worth of grants, bursaries, scholarships, contextual offers and extracurricular activities
- These can be filtered by circumstances or characteristics, depending on the access requirements of the opportunity
- Includes direct links for applying
- Unlimited shortlists can be created and referred back to





### Weekly summary emails

- Parents can sign up to receive weekly summary emails
- This summary will show you any shortlists your child may have made on the Unifrog platform
- It will also detail any interactions logged against your child, such as Careers Fairs taking place or careers interviews coming up





#### **GDPR**

GDPR is a regulation in EU law on data protection and privacy for everyone within the European Union and the European Economic Area.

Unifrog takes data security very seriously, and as such, has several features in place to protect school and student data.

We only use EU data centres, have multiple firewalls, layered-access security and more. Information on this can be found at unifrog.org/about#security



#### Other cool stuff

The Unifrog platform contains so much more than what we can show you today, that was just four of their many tools.

So why not see for yourself? Sign up as a student and access the tools in exactly the same way that the students do.

You never know, there might be a new career just around the corner!

